

# Newsletter

March edition

## Top news

- World Down Syndrome Day
- International Women's Day
- Painting our Centro de Atención
- Celebration of Semana Santa in the Dominican Republic



## Our projects



Photo of the month



Breaking Barriers & Youth Care Center



Medicine & Healthcare



Marine Conservation



Multimedia



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# ABOUT US

We are independent from political, religious or business interests and maintain independence by completely funding and operating our programs with the practical and monetary contributions of volunteers and interns.

Aldeas de Paz is committed to delivering meaningful ethical volunteer programs by prioritizing community needs and fostering sustainable development. We promote responsible volunteering by providing pre-departure information, ensuring cultural sensitivity, and advocating for ethical and responsible volunteer practices. We prioritize transparency, collaboration, and fair compensation for local staff and partners.

We promote a culture of peace and foster cross-cultural exchange for people of all races and nationalities and we practice voluntary community service where we provide additional opportunities in education, sports, culture, health care and social development. We assist our beneficiaries to develop their potential and improve their own lives.

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**Semana Santa: The Holy Week in March in the Dominican Republic is the most important holiday in the Dominican religious calendar. It's even bigger than Christmas, and more solemnly celebrated.**



# News

## World Down Syndrome Day

Today and every other day of the year, let's celebrate diversity and promote inclusion! Down syndrome is a genetic condition affecting about 1 in 800 babies. This month, the entire world celebrates individuals with this condition. It's a meaningful tribute recognizing the value and contribution of those with this genetic condition while raising awareness about diversity and inclusion. Because we are as different as we are equal. For this special day we participated in a march from the Fundation Pasos de Inclusión passing through the streets of Samaná and raising awareness.

## International Women's Day

On Thursday, March 8th, the Dominican Republic celebrated International Women's Day. This day was an opportunity to remember and honor the importance of women in society. Special events and conferences took place across the country to recognize women's achievements and highlight the significance of their role in all aspects of life, whether in the professional, familial, social, or political realms. This year we participated in the celebration of Women's Day of the Ministry of Women and the Gender Department of the Ministry of Education in Samaná under the theme "extraordinary women".

## Painting our Centro de Atención

This month, volunteers from our Fundation repainted the association's logo on the building façade, enhancing its visibility within the local community.

## Upcoming in April...

World Autism Day

Trip with the volunteers to Jarabacoa





What did we do?





# Marine Conservation

## -Las Terrenas-

The marine conservation program is focused on the scientific conservation of coral reefs and awareness-raising on the importance of the environment and waste.

### What did we do this month

- Diving to study coral reefs, detecting coral diseases
- Taking care of coral nurseries in front of the beach in Las Terrenas
- Cleaning corals using toothbrushes
- Monitoring mangroves and sea grass beds
- Beach clean up activity at the Ermitaño Beach to continue working for cleaner coasts and healthier oceans



# Medicine & Healthcare

## - Las Terrenas -

The volunteers work in different hospitals and are able to observe the doctor's and nurse's work and get insights into the health care system.

### What did we do this month

- The volunteers this month were working in different clinics in Las Terrenas
- One of our volunteers is working in the Dental Healthcare Clinic in Las Terrenas
- in their time in the hospital the volunteers are able to learn a lot about different procedures, treatments and the healthcare system
- for anyone who is interested in dental medicine the volunteering in the Dental Healthcare Clinic is a good opportunity to gain experience in this field





# Breaking Barriers

## -Samaná-

Our Breaking Barriers Program is dedicated to psychoeducational care for our students with disabilities in the Youth Care Center (CAAP), home visits and promotion of inclusive spaces.

### What did we do this month

- Home visits for psychological care and educational support in different communities in Samaná such as Coyote, el Limón, Arroyo Barril etc.
- CAAP: worked on the topics sports, communication and media, musical instruments with the students
- reading and writing exercises, outdoor games, cutting and pasting to practice and learn fine motor skills, memory, attention and concentration as well as articulation of words in a playful way
- Participating in the March for Down Syndrome Day





# NGO Management

## -Samaná-

Volunteers in the NGO Program observe and assist the coordinator with office work, as well as in-community project support.

### What did we do this month

- Working on a concept for a possible future project called: “Tomando las riendas: Cuidando tu cuerpo”
- the project idea is to raise awareness about sex education in local schools giving workshops with an expert and distributing flyers



# Multimedia

## -Samaná-

Our multimedia team is dedicated to promoting the foundation's initiative and sharing the ongoing projects.

### What did we do this month

- Finished and uploaded the Youtube presenting all volunteers programs and community projects for the Aldeas de Paz Foundation
- taking pictures and creating posts for the special days and events this month
- creating educational content regarding the World Down Syndrome Day





## Interested in volunteering yourself with Aldeas de Paz?



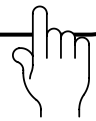
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<https://www.peacevillages.org> › wh...



### What we do | Volunteer with Aldeas de Paz - Dominican Republic

What we do: Cultural Exchange✓ Human Rights✓ Peace Culture✓ Gender Equality✓ Support for vulnerable Youth in Samaná & Las Terrenas.

**APPLY NOW**



## Follow us on our social media



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